

# Sound Currents

News of Chela ECK events in the Greater Puget Sound Area

Jan - Feb 2012

## BASIC BELIEFS OF ECKANKAR

Soul is eternal and is the individual's true identity.

Soul exists because God loves It.

Soul is on a journey of Self- and God-Realization.

Spiritual unfoldment can be accelerated by conscious contact with the ECK, Divine Spirit.

This contact can be made by the use of the Spiritual Exercises of ECK and by the guidance of the Living ECK Master.

The Mahanta, the Living ECK Master, is the spiritual leader of Eckankar.

Spiritual experience and liberation in this lifetime are available to everyone.

The individual can actively explore the spiritual worlds through Soul Travel, dreams, and other techniques.



## THE ECK WORSHIP SERVICE

You are cordially invited to attend an ECK Worship Service. The ECK Worship Service brings together three basic aspects of studying Eckankar. First, a reading on a chosen theme from the ECK writings; second, singing the word *HU*—an ancient, holy name of God, followed by a short contemplation; and last, an open discussion of spiritual principles related to the day's theme.

The worship services at the Greater Seattle Eckankar Center are held twice a month, on the first and third Sundays at 11:00 a.m.

### Worship Topics at the Greater Seattle Eckankar Center

#### Date Theme

#### January

- 1 Building Bridges to Others With Love
- 15 Love Makes Fear Retreat

#### February

- 5 Life-The Master Teacher
- 19 Making This Lifetime Count

#### Seattle

Greater Seattle Eckankar Center  
1<sup>st</sup> & 3<sup>rd</sup> Sundays, 11:00 a.m.  
9044 - 35<sup>th</sup> Ave. S.W.  
West Seattle—206-932-6350

#### Everett

The Everett Worship Services will be held at the Everett Public Library on January 29th and February 26th at 2:30 pm. The library is located on 9512 Evergreen Way, Everett, WA.

## Public Events:

### Introductory Discussions:

#### "Have You Had A Spiritual Experience?"

Join an intriguing discussion with those who have had dreams, visions and intuitions that have made them wonder about the extra-dimensional nature of their experiences. Sunday January 8th & February 12th, 11:00 a.m., at the Greater Seattle Eckankar Center, 9044 35<sup>th</sup> Ave. SW. The discussion will be followed by a public HU Song at 12:30 p.m. For more info, please call 206-932-6350.

Join with like-minded people to discuss spiritual events in your life the 3<sup>rd</sup> Wednesday of each month at 7 pm. January 18<sup>th</sup> - "Past Lives, Dreams and Soul Travel", February 15<sup>th</sup> - "Dreams - Window to Your Spiritual Experiences". The Duvall Library (Rose Room) located at 15619 NE Main St. in Duvall.

#### "Have You Had a Spiritual Experience?"

Tuesday, January 17th, 5:30 p.m. - 7 p.m.  
Fife Library, 6622 20<sup>th</sup> St. E, Fife, WA 98424  
For more info call 360-789-7691

### Public HU Song:

People of all Faiths are invited to sing *HU: A Love Song to God*. Singing HU can expand your awareness, help you experience divine love, heal a broken heart, offer solace during times of grief, bring peace and calm.

January 6<sup>th</sup> & February 3<sup>rd</sup> at 7:30 pm.  
N. Bellevue Community & Senior Center  
4063 - 148th Ave NE, Bellevue, WA

January 1<sup>st</sup> & 15<sup>th</sup>, February 5<sup>th</sup> & 19<sup>th</sup> at 10 am  
Greater Seattle Eckankar Center  
9044 35<sup>th</sup> Ave. SW, Seattle, WA

February 19<sup>th</sup> at 2:30 -3pm, Parkland/  
Spanaway Public Library, 13718 Pacific Ave.  
S, Tacoma, WA. This event will be followed by light refreshments from 3 to 3:30 pm.

**Information Hotlines**

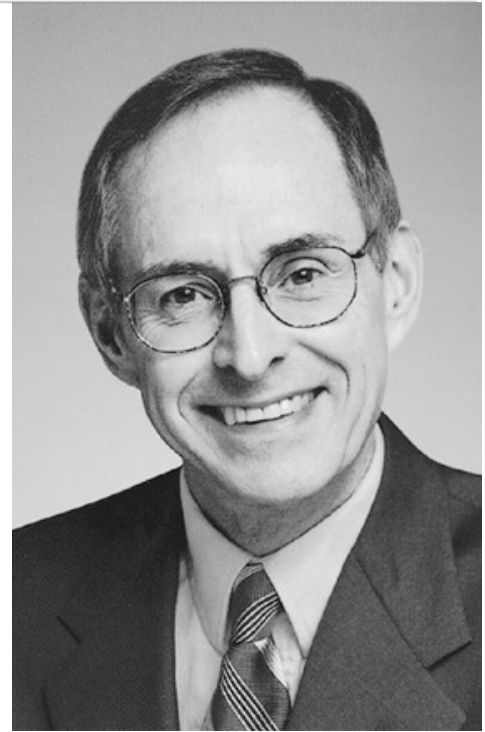
**Voice** - 206-932-6350 at the Greater Seattle ECK Center  
**Internet** - General information on Eckankar, including a tour of the ECK Temple: [www.eckankar.org](http://www.eckankar.org)  
**Eckankar activities in Washington State** - [www.eck-wa.org](http://www.eck-wa.org)  
For more information:  
*Eckankar, the Religion of the Light and Sound of God,*  
Visit Eckankar's website at [www.eckankar.org](http://www.eckankar.org)  
Or call 1-800-LOVE-GOD.  
Or write: ECKANKAR, P.O. Box 2000, Chanhassen, MN 55317-2000

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**Sri Harold Klemp  
The Mahanta  
The Living ECK Master**

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