

Sound Currents

News of public ECK events in the Greater Puget Sound Area

Nov - Dec 2010

BASIC BELIEFS OF ECKANKAR

Soul is eternal and is the individual's true identity.

Soul exists because God loves It.

Soul is on a journey of Self - and God-Realization.

Spiritual unfoldment can be accelerated by conscious contact with the ECK, Divine Spirit.

This contact can be made by the use of the Spiritual Exercises of ECK and by the guidance of the Living ECK Master.

The Mahanta, the Living ECK Master, is the spiritual leader of Eckankar.

Spiritual experience and liberation in this lifetime are available to everyone.

The individual can actively explore the spiritual worlds through Soul Travel, dreams, and other techniques.



THE ECK WORSHIP SERVICE

You are cordially invited to attend an ECK Worship Service. The ECK Worship Service brings together three basic aspects of studying Eckankar. First, a reading on a chosen theme from the ECK writings; second, singing the word *HU*—an ancient, holy name of God, followed by a short contemplation; and last, an open discussion of spiritual principles related to the day's theme.

The worship services at the Greater Seattle Eckankar Center are held twice a month, on the first and third Sundays at 11:00 a.m.

Worship Topics at the Greater Seattle Eckankar Center

Seattle

Greater Seattle Eckankar Center
1st & 3rd Sundays, 11:00 a.m.
9044 - 35th Ave. S.W.
West Seattle
206-932-6350

Date Theme

November

- 7 HU--Soul's Love Song to God
- 21 What Is Spiritual Freedom?

December

- 5 What Would Love Do Now?
- 19 Discover How to Master Your Spiritual Destiny

Everett

Vision Quest Education Center
Last Sunday, 11:00 a.m.
3602 Colby Ave.
Everett
877-457-4577

Public Events:

“Have You Had A Spiritual Experience?”

Come join an intriguing discussion with those who have had dreams, visions and intuitions that have made them wonder about the extra-dimensional nature of their experiences. Sunday Nov. 14 & Dec. 12, 11:00 a.m., at the Greater Seattle Eckankar Center, 9044 35th Ave. SW. The discussion will be followed by a public HU Song at 12 noon. For more info, please call 206-932-6350.

“Our Dreams as Spiritual Tools”

Join with like-minded people to discuss spiritual events in your life Wednesday, Nov. 17 & Dec. 15 at 7 p.m. at the Duvall Library (Rose Room) located at 15619 NE Main St. in Duvall.

Information Hotlines

Voice - 206-932-6350 at the Greater Seattle ECK Center

Internet - General information on Eckankar, including a tour of the ECK Temple: www.eckankar.org

Eckankar activities in Washington State - www.eck-wa.org

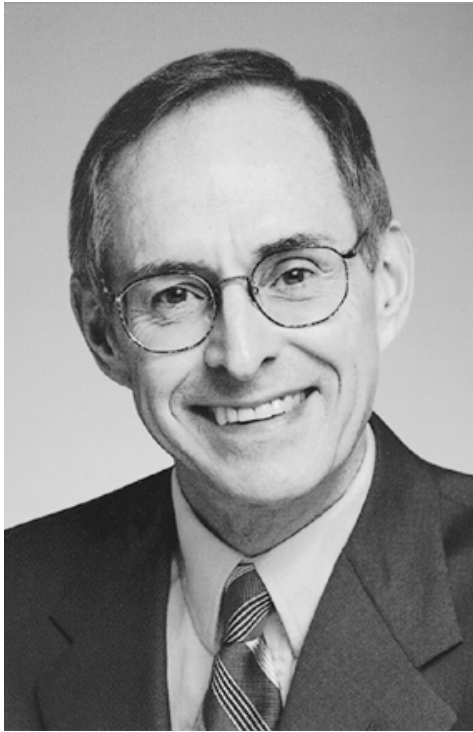
For more information:

Eckankar, the Religion of the Light and Sound of God,

Visit Eckankar's website at www.eckankar.org

Or call 1-800-LOVE-GOD.

Or write: ECKANKAR, P.O. Box 2000, Chanhassen, MN 55317-2000



**Sri Harold Klemp
The Mahanta
The Living ECK Master**

The opinions expressed in this newsletter are those of the writers and not necessarily those of Eckankar or the Mahanta, the Living ECK Master, Sri Harold Klemp. Copyright ©2010 Eckankar. All rights reserved. The terms *Eckankar*, *ECK*, *EK*, *Mahanta*, *Soul Travel*, and *Vairagi*, among others, are trademarks of Eckankar. P.O. Box 2000, Chanhassen, MN 55317-2000 USA

Sound Currents is published bi-monthly by the Washington Satsang Society, Inc., A Chartered Affiliate of Eckankar.

Newsletter Subscription Form:

Please make your check out to Washington Satsang Society, Inc., and mail with this form to:

Cindy Norris
Greater Seattle Eckankar Center
9044 35th Avenue SW
Seattle, WA 98126-3858

*for address changes, use above address

According to federal guidelines, the material value of this publication is insubstantial, and therefore the full amount of your contribution is tax-deductible.

Name: _____

Street: _____

City: _____

State: _____ Zip _____

Phone: _____

Member: Non-Member:

\$12 per year suggested donation for Eckankar members

1/2 year free for non-members

(206) 932-6350



**Sound Currents
Washington Satsang Society, Inc.
P.O. Box 22811
Seattle, WA 98122-0811**

RETURN SERVICE REQUESTED

FIRST CLASS
U.S. POSTAGE